

## LT-PCS – Long Term Personal Care Services Program

### What are Long – Term Personal Care Services (LT-PCS)?

Long Term – Personal Care Services program provides help with activities of daily living for persons who qualify for assistance under the program guidelines.

**This program does not, by itself or in combination with other OAAS programs, provide supports 24 hours a day.**

### If I qualify, what services may I receive from this program?

#### Help with:

- Eating
- Bathing
- Dressing
- Grooming
- Moving from one surface to another (transferring)
- Walking or using a wheelchair
- Toileting
- Changing positions in bed (bed mobility)

#### Other services:

- Light housekeeping
- Preparing and storing meals
- Shopping
- Laundry
- Reminders about taking medicines
- Help with medical appointments
- Help finding transportation for medical appointments

### What kind of help and services are not covered by this program?

- Specialized or skilled nursing
- Giving medicine
- Rehabilitative services
- Specialized aid services
- Help that is already being given by family or others in the community or through another assistance program

- Cleaning areas of the home that the applicant does not stay in
- Food preparation or laundry for anyone other than the applicant
- Companionship
- Sitter services
- Supervision not related to activities of daily living

## **Who can qualify for Long Term – Personal Care Services (LT-PCS)?**

People who receive Medicaid benefits **AND**

- Are 21 years old or older **AND**
- Meet Nursing Facility Level of Care, **AND**
- Require at least limited assistance with one Activity of Daily Living, **AND**
- Be able to direct their care independently or through a responsible representative, **AND**

**Meet ONE of the following:**

- Be in a nursing facility and be able to be discharged if community-based services were available; **OR**
- Be likely to require nursing facility admission within the next 120 days; **OR**
- Have a primary care-giver who has a disability or who is at least 70 years old.

**If you receive Medicaid and want to find out more about Long Term–  
Personal Care Services, call Louisiana Options in Long Term Care at  
1-877-456-1146 (TDD: 1-877-544-9544).**

**You can call Monday thru Friday  
between the hours of 8:00 a.m. and 5:00 p.m.**

**The call is free.**